



# UPK At-Home Learning Activities Calendar

**WEEK OF APRIL 20<sup>TH</sup>**

**THEME: SHADOW, LIGHT & COLOR**

## MORNING

**Monday - WEAR RED TODAY!**

M

1. **Shadow Detective:** Take a walk to find shadows around your yard or neighborhood.
2. **Search** your house for the letter **L** for Light. Practice writing 4 upper case and 4 lowercase Ls. Circle your favorite.

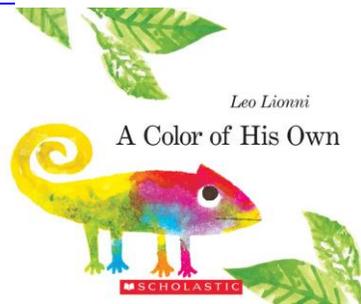
## AFTERNOON

1. Trace each letter of your name in red, orange, yellow, green, blue and purple. Say each letter of your name as you write it.
2. **Shape Hunt** - Go on a shape hunt inside or outside. Look for triangles and rectangles. How many of each shape did you find?

**Tuesday - WEAR ORANGE TODAY!**

T

1. **Exercise and Learn the Colors of the Rainbow** - Jack Hartmann  
<https://www.youtube.com/watch?v=TsD3yuCRnjw>
2. Listen to the story **A Color of His Own** by Leo Lionni  
<https://www.youtube.com/watch?v=prFxZJEv1kA>



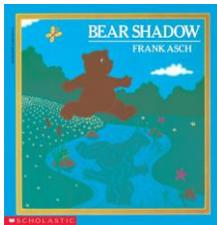
1. Imagine chameleon is at home with you! What would he be sitting near? What color would he be? Draw a picture of chameleon and be sure to color him! Share your picture with your class.
2. **Math Challenge:** Draw 2 red triangles and 3 green rectangles. How many shapes do you have all together? Practice writing that number five times.

**Wednesday - WEAR YELLOW TODAY!**

W

1. **Cosmic Kids Yoga - Rainbow of Confidence**  
<https://www.youtube.com/watch?v=CYQJdn8gapw&app=desktop>
2. Listen to **Bear Shadow** by Frank Asch.  
[https://www.youtube.com/watch?v=Q9Ur\\_L8PdWs](https://www.youtube.com/watch?v=Q9Ur_L8PdWs)

How does Bear try to make his shadow go away? What do you think Bear should know about shadows?



1. **Shadow Play- Shapes:** Find some paper, scissors, and a flashlight. **Cut out a few shapes** (circle, square, triangle...). Turn the lights off and place your shapes in front of the flashlight. **What do you notice about your shape shadows?** What happens when your shape moves farther away from the light?
2. **Measuring Challenge:** Trace your shadow outside. Use your feet to measure how long it is. (If you are indoors, use your feet to measure how long your kitchen is).

**Thursday - WEAR GREEN TODAY!**

T

1. **Color Scavenger Hunt!** Walk around your yard or neighborhood. Can you find **something of every color of the rainbow?** Take a picture of what you found and share it with the class.
2. **Rhyming Game** - Can you think of a word that rhymes with: **red, blue, green** and **pink?** What is a word that rhymes with **light?** What about **dark?**

1. **Shadow Play- Toys:** Find a few toys (animal figurines, trucks, dolls), a pencil and a piece of paper. If it's sunny outside, place your toy in front of the light and your paper flat on a surface. Can you trace your toy's shadow? (This can be done inside with a flashlight if it's not sunny).



2. **Counting Game:** Find some dice, a partner, and some counters (dry pasta, Legos, buttons, beads, coins, chocolate chips). Each person takes a turn at rolling the dice and counts out that number of objects. Compare to see who has more, who has less or are they equal.

**Friday - WEAR BLUE TODAY!**

F

1. **Friday Flashlight Dance Party!** - Rhianna: Dancing in the Dark  
<https://www.youtube.com/watch?v=7D4Axk0vLag>  
(Turn the lights out and have fun dancing in the dark with your flashlight!)
2. **Enjoy a good book** with a stuffed animal, pet, or family member. If you can, send a video or picture to someone you love showing you reading.

1. **Color a picture of a rainbow.** Who will you give your rainbow to?



2. **Patterns:** Make a pattern using 2 or more colors. (You might decide to use food, crayons, markers, toys, or other objects to make your pattern).

**Big Question for Our Learning This Week:**

How do shadows work? What do you need to make them?

**Additional Resources:**

Peep and the Big Wide World: Shadow Play  
<https://www.youtube.com/watch?v=Ty0C8mH4Jy8>