



UPK At-Home Learning Activities Calendar

WEEK OF APRIL 20TH

THEME: SHADOW, LIGHT & COLOR

MORNING

Monday - WEAR RED TODAY!

M

1. **Shadow Detective:** Take a walk to find shadows around your yard or neighborhood.
2. **Search** your house for the letter **L** for Light. Practice writing 4 upper case and 4 lowercase Ls. Circle your favorite.

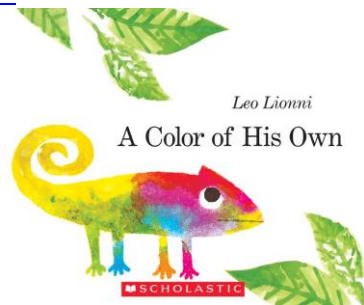
AFTERNOON

1. Trace each letter of your name in red, orange, yellow, green, blue and purple. Say each letter of your name as you write it.
2. **Shape Hunt** - Go on a shape hunt inside or outside. Look for triangles and rectangles. How many of each shape did you find?

Tuesday - WEAR ORANGE TODAY!

T

1. **Exercise and Learn the Colors of the Rainbow** - Jack Hartmann
<https://www.youtube.com/watch?v=TsD3yuCRnjw>
2. Listen to the story **A Color of His Own** by Leo Lionni
<https://www.youtube.com/watch?v=prFxZJEv1kA>



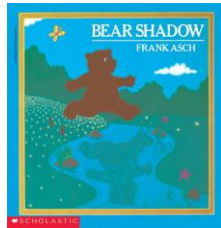
1. **Imagine** chameleon is at home with you! What would he be sitting near? What color would he be? **Draw a picture of chameleon and be sure to color him!** Share your picture with your class.
2. **Math Challenge:** Draw 2 red triangles and 3 green rectangles. How many shapes do you have all together? Practice writing that number five times.

Wednesday - WEAR YELLOW TODAY!

W

1. **Cosmic Kids Yoga - Rainbow of Confidence**
<https://www.youtube.com/watch?v=CYQJdn8gapw&app=desktop>
2. Listen to **Bear Shadow** by Frank Asch.
https://www.youtube.com/watch?v=Q9Ur_L8PdWs

How does Bear try to make his shadow go away? What do you think Bear should know about shadows?



1. **Shadow Play- Shapes:** Find some paper, scissors, and a flashlight. **Cut out a few shapes** (circle, square, triangle...). Turn the lights off and place your shapes in front of the flashlight. **What do you notice about your shape shadows?** What happens when your shape moves farther away from the light?
2. **Measuring Challenge:** Trace your shadow outside. Use your feet to measure how long it is. (If you are indoors, use your feet to measure how long your kitchen is).

Thursday - WEAR GREEN TODAY!

T

1. **Color Scavenger Hunt!** Walk around your yard or neighborhood. Can you find **something of every color of the rainbow?** Take a picture of what you found and share it with the class.
2. **Rhyming Game** - Can you think of a word that rhymes with: **red, blue, green** and **pink?** What is a word that rhymes with **light?** What about **dark?**

1. **Shadow Play- Toys:** Find a few toys (animal figurines, trucks, dolls), a pencil and a piece of paper. If it's sunny outside, place your toy in front of the light and your paper flat on a surface. Can you trace your toy's shadow? (This can be done inside with a flashlight if it's not sunny).



2. **Counting Game:** Find some dice, a partner, and some counters (dry pasta, Legos, buttons, beads, coins, chocolate chips). Each person takes a turn at rolling the dice and counts out that number of objects. Compare to see who has more, who has less or are they equal.

Friday - WEAR BLUE TODAY!

F

1. **Friday Flashlight Dance Party!** - Rhianna: Dancing in the Dark
<https://www.youtube.com/watch?v=7D4Axk0vLag>
(Turn the lights out and have fun dancing in the dark with your flashlight!)
2. **Enjoy a good book** with a stuffed animal, pet, or family member. If you can, send a video or picture to someone you love showing you reading.

1. **Color a picture of a rainbow.** Who will you give your rainbow to?



2. **Patterns:** Make a pattern using 2 or more colors. (You might decide to use food, crayons, markers, toys, or other objects to make your pattern).

Big Question for Our Learning This Week:

How do shadows work? What do you need to make them?

Additional Resources:

Peep and the Big Wide World: Shadow Play
<https://www.youtube.com/watch?v=Ty0C8mH4Jy8>